

MASS REFLECTION

Name:
Liturgical Season:
Mass Date & Time:
Celebrant:

FORGIVENESS:

Are there specific experiences of forgiveness that you have taken away from today's Liturgy?

What habits should you form to avoid sin in the future?

THEME OF READINGS:

GOSPEL:

What Gospel was read?

What word or phrase jumped out at you in today's reading?

Imagine that you were present during this story. What do you see, hear, smell, taste, feel, etc.? Describe everything in detail.

GOSPEL Cont.:

What did you or can you be thankful for after today's Liturgy?

Is there anything for which you will make a commitment to be thankful for today?

EUCHARIST

Imagine that you are one of the people in the reading. What do you feel, think, do as a response to the events?

What did this reading remind you of in your life at this particular moment?

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GO FORTH:

The name Mass comes from the Latin *missa*, which means to “go forth” and is taken from the final words of the concluding rite.

How will you bring Christ to the world today?

What will you do to show God’s love to others?

APPLICATION/PERSONAL EXPERIENCE

What is God prompting you to do in your encounter with him in the Sacrament?

What experiences during the Mass did you find most relevant to your current situation and life?

What was the holiest experience you had during Mass?
